



Studio Waiver

By signing my name below, as a participant in class(es) or private instruction at Pilates For Life, LLC, I represent that I am in good physical condition and have no condition preventing me from safely using the equipment or participating in Pilates For Life, LLC classes. Pilates For Life, LLC requires each participant to complete a Health Form prior to participating in any instruction from Pilates For Life, LLC. All participants are strongly urged to consult their doctor before beginning any new exercise program. I acknowledge the danger of physical stress, strain or injury and assume whatever risk is involved as a result of my use of any and all equipment, facilities or services. I hold Pilates For Life, LLC, it's shareholders and representatives harmless for any and all claims against Pilates For Life, LLC for any damage or liability from or in connection with my use of Pilates For Life, LLC equipment or services.

Name Printed

Signature

Date

Cancellation of Private Instruction: In order to try to accommodate as many students as possible, it is the policy of Pilates For Life, LLC that all cancellations be made to the studio number **860-227-5790** at least 24 hours prior to the schedule appointment time. Cancellations made in less than 24 hours will be charged for a full missed session fee, based on the amount of time reserved. The missed session fee must be paid in order to confirm future appointments. Pilates For Life, LLC reserves the right to waive a fee, at Pilates For Life, LLC discretion, in an emergency situation. By undersigning below, as a participant in private instruction at Pilates For Life, LLC, I accept the terms stated above.

Signature

Date